

**North Seattle College Cooperative Preschool**  
**Course Syllabus for Parent Education Courses FAM 176.38 and FAM 156.19**

**INSTRUCTOR:** Tania Hino, M.S.W. Co-op hours: I attend class weekly, alternating days  
**Phone:** 206 399-0232   **Email:** Tania.Hino@seattlecolleges.edu

**COURSE TITLE:** Parent Education/ Child Study Laboratory: 12-60months

**COURSE LENGTH:** 2.5 quarter linked series

**CREDITS:** 2.5 per quarter

**COURSE DESCRIPTION:** This 2.5 credit class is for students with children, 12-60 months, enrolled in Parent Education/ Child Study Laboratory class. Students are required to attend the laboratory class one day a week with their child, and one evening parent education class/business meeting each month. Students also fulfill specific obligations of individual classes. This course format includes lectures, discussions and laboratory experiences designed to explore developmental information and practical applications as applies to 1-5 year old child development.

***COURSE LEARNING OBJECTIVES:***

- . To better understand the typical development and temperament traits of the 1-5 year old child.
- . To select and practice discipline techniques from a specific theoretical framework which are consistent with a personal belief system.
- . To identify concerns about parenting preschoolers and to evaluate available options.
- . To establish, maintain, and supervise a safe, healthy, and creative environment, which stimulates 1-5 year old child development both at home and school.
- . To recognize one's current stage in parenting and the resulting implications for parenting a preschooler.
- . To demonstrate understanding of cultural perspectives, societal expectations, and family values.
- . To respond appropriately to individual and cultural differences in approaches to parenting and parenting techniques.
- . To identify and implement strategies for establishing support networks for the parent, child, and family.

***TOPICAL OUTLINE AND OR MAJOR DIVISIONS:*** These courses have an emergent curriculum, meaning that the instructor will plan the specific scheduling of topics based on the assessed needs of and feedback from the group. Subjects may include: child development, temperament, behavior management and guidance, family challenges, family resources, cultural influences on parenting, self-esteem, sibling relationships, adult leadership/ democratic practice/ group development, parenting roles, health, and safety.

***RECOMMENDED TEXT(S) AND OR MATERIALS:*** Positive Discipline by Jane Nelson and Parenting without Borders by Christine Gross-Loh. Instructor will provide appropriate handouts and book referrals for topics covered.

***ASSIGNMENTS:*** Students are expected to demonstrate skills they are learning during the lab sessions and to participate in discussions at evening parent education classes.

***EVALUATION/CREDITS:*** Grades are issued quarterly on a pass/fail grading system. Students earn 2.5 credits each quarter for successful completion of the course. Students attend weekly laboratory class, the monthly evening class, and demonstrate mastery of course learning objectives. Please talk with me to determine appropriate make-up assignments for missed classes. Students missing more than one of the evening classes during the academic year must make up the absence in order to receive credit for the class.

***SCHEDULES CHANGES:*** In the event of inclement weather and/or other extreme circumstances this course will follow the Seattle Public School District schedule. Make up classes are arranged mutually by instructor and class members.